



INSTRUCTIONAL CLASS SCHEDULE:

SEPTEMBER 2, 2025 - JUNE 26, 2026

GYMNASTICS INSTRUCTIONAL CLASS SCHEDULE

Class Type	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Mini Stars 1.5 - 4 Years * with adult	6:30-7:10	9:30-10:10 10:15-10:55 6:30-7:10	10:40-11:20	11:05-11:45 6:00-6:40	5:30-6:10	9:00-9:40 9:45-10:25 10:30-11:10
Tiny Stars 4-5 Years	1:45-2:25 5:30-6:10 6:15-6:55	11:00-11:40 1:45-2:25 5:30-6:10	11:25-12:05 1:00 - 1:40 4:20 - 5:00 5:15-5:55 6:05 - 6:45	11:50-12:30 5:15-5:55	12:45-1:25 4:30-5:10	9:00-9:40 9:45-10:25 10:30-11:10
Super Stars 1 6-7 Years	4:30-5:25 7:00-7:55	4:30-5:25 5:30-6:25 6:15-7:10 7:15-8:10	5:05-6:00 6:50-7:45	6:30-7:25	4:30-5:25	10:30-11:25 11:30-12:25
Super Stars 2 6-7 Years	6:25-7:20	5:30-6:25				
Rising Stars 1 8 years & above	7:00-7:55	4:30-5:25	7:00-7:55pm	7:00-7:55	5:15-6:10	11:10-12:05
Rising Stars 2 8 years & above	5:30-6:25	7:15-8:10	6:00-6:55	4:15-5:10		11:15-12:10
Soaring Stars 8 Years & above	7:20-8:15	6:30-7:25	6:30-7:25			
Shining Stars 7 Years & above				6:45 - 8:15		
Shooting Stars 7 years & above				6:45-8:15		

TUMBLING INSTRUCTIONAL CLASS SCHEDULE

Class Type	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tumble 1 5.5 Years & Above	4:45-5:25		4:30-5:10 5:15-5:55			
Tumble 2 5.5 Years & Above	6:30- 7:10		6:30-7:10	7:30-8:10		
Tumble 3 5.5 Years & Above	7:15-8:10					
Advanced Tumbling 5 Years & Above		7:10-8:05				





NINJA WARRIOR INSTRUCTIONAL CLASS SCHEDULE

Class Type	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Little Warriors 2-4 years *with adult			9:30-10:00 6:00-6:30	6:35-7:05		9:45-10:15
Cub Warriors 4-5 Years	1:15 - 1:45 4:30-5:00 5:05-5:35	2:30-3:00 5:55-6:25	10:05-10:35 2:00-2:30 6:35-7:05	10:30-11:00 4:20-4:50 7:10-7:40	1:30-2:00 5:05-5:35	9:10-9:40
Panda Warriors 6-7 years	5:40-6:25 7:20-8:05	4:15-5:00 6:30-7:15	4:15-5:00	4:55-5:40	5:40-6:25	
Eagle Warriors 8 years & above	6:30-7:15	7:20-8:05	5:05-5:50	5:45-6:30	4:15-5:00	
Advanced Warriors *INVITE ONLY 6 Years & above		5:05-5:50 pm	7:10-7:55			

MONTHLY FEES & COMMITMENT DISCOUNT OPTIONS

Take advantage of a discounted monthly rate with 3 different commitment options

30 MINUTE INSTRUCTIONAL CLASS – once per week	40/45 MINUTE INSTRUCTIONAL CLASS – once per week
\$69/month – 12-month commitment rate Initial Investment of \$129 which includes the first month, then \$69/month for the remaining 11 months - \$300 savings	\$109/month – 12-month commitment rate Initial Investment of \$169 which includes the first month, then \$109/month for the remaining 11 months - \$300 savings
\$79/month – 10-month commitment rate Initial Investment of \$129 which includes the first month, then \$79/month for the remaining 9 months - over \$150 savings	\$119/month – 10-month commitment rate Initial investment of \$169 which includes the first month, then \$119/month for the remaining 9 months - over \$150 savings
\$89/month – 7-month commitment rate no Initial Investment – \$70 savings	\$129/month – 7-month commitment rate no initial investment – \$70 savings
\$99/month – month-to-month rate continuous enrollment, option to drop at the end of any month	\$139/month – month-to-month rate continuous enrollment, option to drop at the end of any month
55 MINUTE INSTRUCTIONAL CLASS – once per week	90 MINUTE INSTRUCTIONAL CLASS – once per week
\$119/month – 12-month commitment rate Initial Investment of \$179 which includes the first month, then \$119 per month for the remaining 11 months - over \$300 savings	\$139/month – 12-month commitment rate Initial Investment of \$199 which includes the first month, then \$139 per month for the remaining 11 months - over \$300 savings
\$129/month – 10-month commitment rate Initial Investment of \$179 which includes the first month, then \$129 per month for the remaining 9 months - over \$150 savings	\$149/month – 10-month commitment rate Initial Investment of \$199 which includes the first month, then \$149 per month for the remaining 11 months - over \$150 savings
\$139/month – 7-month commitment rate no Initial Investment – \$70 savings	\$159/month – 7-month commitment rate no Initial Investment – \$70 savings
\$149/month – month-to-month rate continuous enrollment, option to drop at the end of any month	\$169/month – month-to-month rate continuous enrollment, option to drop at the end of any month

Instructional Class Make Up Policy: Members are permitted one make up per month contingent on availability. Make ups do NOT roll over for monthly members; however, commitment members CAN use their allotted make ups however they choose, but they must be used within the commitment term.

Instructional Class Discounted Drop In: Members receive discounted drop in classes - simply register for your add on 24 hours in advance (or less) - \$10 drop ins for commitment members and \$15 drop ins for monthly members. The majority of our classes have at least one vacancy for drop in and/or make up space.