# Grand Rapids Classic February 9-11, 2024

### **Xcel Platinum**

Friday, February 9, 2024

Blue Bridge Gym

Session 1 - Flight B

Check-in @ 7:45am

Warm-up/ stretch @ 8:00am

Competition Begins @ 8:25am

### Level 5

Friday, February 9, 2024

Blue Bridge Gym

Session 1 - Flight A

Check-in @ 7:45am

Warm-up/ stretch @ 8:00am

Competition Begins @ 8:25am

### Level 4

Saturday, February 10, 2024
Blue Bridge Gym
Session 4 - Flight A
Check-in @ 7:45am
Warm-up/ stretch @ 8:00am
Competition Begins @ 8:25am

## Level 7

Saturday, February 10, 2024
Blue Bridge Gym
Session 6 - Flight A
Check-in @ 4:30pm
Warm-up/ stretch @ 5:00pm
Competition Begins @ 5:25pm

### **Xcel Silver**

Saturday, February 10, 2024

Blue Bridge Gym

Session 5 - Flight B

Check-in @ 12:00pm

Warm-up/ stretch @ 12:30pm

Competition Begins @ 12:55pm

# **Xcel Gold**

Sunday, February 11, 2024

Blue Bridge Gym

Session 7 - Flight A

Check-in @ 7:45am

Warm-up/ stretch @ 8:00am

Competition Begins @ 8:25am

Location
MSA Sports Spot
3701 32nd St SE
Grand Rapids, MI 49512